

**Brief Author Bio** 

## Pamela Cappetta, EdD Author of Mindful Moments with Maude Mascot Books, July 12, 2022

<u>Pamela Cappetta</u>, EdD, is a Licensed Professional Counselor, Licensed Marriage & Family Therapist, holds a certificate in Mindfulness from Duke Integrative Medicine, and received an EdD from William & Mary. She has been in private psychotherapy practice in Williamsburg, Va. since 1985. *Mindful Moments with Maude* is her first book.